



# 'Wisdom: Rooted in Place' Creative Retreat

## 'Wisdom: Rooted in Place' Creative Retreat

Mon 1<sup>st</sup> – Tue 2<sup>nd</sup> Feb 2027

£285 per person

Hinsley Hall, 62 Headingley Lane Leeds LS6 2BX

Retreat Leader – Bronagh Daly FRSA

This wonderful 2 day retreat at Hinsley Hall starting on Monday 1st February on St Brigid's Day, coincides with the ancient Celtic festival of **Imbolc**, a time that marks the first stirring of spring.

The word *Imbolc* is often understood to mean 'in the belly', evoking the hidden work of new life beneath the earth.

Although the landscape may still appear dormant with the gardens and grounds of Hinsley Hall still frozen or covered with frost, the first signs of renewal will already be quietly unfolding.

**Seeds will begin to awaken, roots will reach deeper as creation prepares for a new season of growth.**

As we gather for this creativity retreat, you are invited to pay attention to these subtle beginnings, both in the world around us and within ourselves.

And we will ask ourselves, what does 'Wisdom: Rooted in Place' mean to us physically, emotionally and spiritually.

Like the earth in early spring, our own lives often hold dreams, insights and possibilities that are not yet visible but are gently taking shape.

This is a season to notice, nurture and trust the quiet movements of new life, allowing creativity, hope, and imagination to emerge in their own time.

### Your retreat fee includes:

- Tea, coffee and biscuits
- 3 course evening meal
- Accommodation at Hinsley Hall
- Buffet style hot and continental Breakfast
- 2 course buffet style lunch
- Interactive retreat work book
- Retreat notes
- Sketch walk guide
- Creative materials

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Bronagh  
Daly

## About your retreat leader



### Bronagh Daly FRSA

Creativity for the common good

"As a Fellow of the Royal Society of Arts, my practice embeds a culture of care through creativity in my work as a Good Governance advisor and curator of creative projects and has continued my professional development in creative pedagogies for decolonial change, through the wisdom and support of Dr Lisa Stephenson.

As a Fine Art printmaker, I have been involved in the international print exchange 20:20 for the past three years through my membership of the Leeds Print Workshop and several community listening projects linked to my body of work entitled 'Wisdom: Rooted in Place' which started thanks to funding from the Leeds Church Institute in 2023"

## Retreat overview

Please note that timings may change depending on the size and requirements of the group

### MONDAY

- 1:00pm** - Arrival with tea, coffee and biscuits, welcome pack and meet other retreat guests
- 1:45pm** - Awakening reflection inspired by the wisdom of John O Donohue and bell hooks.
- 3:00pm** - Sketch Walk in the gardens and grounds of Hinsley Hall
- 5:00pm** - Creative making session using collage and print making techniques
- 6:30pm** - Group evening meal in the Refectory at Hinsley Hall
- 8:00pm** - Nurturing reflection taking time in the group to using Wisdom narrative texts

### TUESDAY

- 7:00am** - (optional) Awakening sunrise group walk to Woodhouse Ridge View Point
- 8:00am** - Breakfast in the Refectory at Hinsley Hall
- 9:30am** - Stretch and breath reflection for growth and energy
- 10:30am** - Seed in the City poetry reading and reflection
- 12:00pm** - Creative writing and print making session
- 1:00pm** - Lunch in the Refectory at Hinsley Hall
- 3:00pm** - Closing reflection and farewell



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## Payment terms and conditions

The total cost of £285 must be paid in full to secure your place before **20<sup>th</sup> December 2026**. If you wish to make a cancellation requests please email to [info@bronaghdaly.co.uk](mailto:info@bronaghdaly.co.uk) up to and including 61 days prior to the start of the retreat.

If the you are not able to attend or think you might arrive late, or decide to leave the retreat early for any reason, I will not be able to refund your retreat fee, however you can request a credit note for future retreats. In the unlikely situation that I will not be able to deliver the retreat in person, I will ensure an appropriate retreat leader hosts the retreat, however if I need to cancel the retreat due to unforeseen circumstances, you will be offered the choice to transfer to another retreat or receive a credit for a future event.

For more information please contact [info@bronaghdaly.co.uk](mailto:info@bronaghdaly.co.uk)